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# Toward Creating a Database on Delay Times to Start Evacuation and Walking Speeds for Use in Evacuation Modeling

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#### ABSTRACT

The development and use of evacuation models requires the collection of specialized humanbehavior data. Not all of the data necessary to fully predict or model human behavior has been collected or possibly could ever be collected. This paper presents a brief overview of data collected for large buildings with large numbers of occupants at evacuation exercises, and after actual fire incidents that have provided important insights into behavior, such as the duration of delays before beginning evacuation. The paper also summarizes data on walking speeds, both those measured during controlled experiments and those actually observed for both able-bodied and mobility-impaired populations during evacuation. This effort represents just a start. There is a great deal of data that has not been compiled or reported in a format useful to model users. The authors present this material in an attempt to move forward the discussion of data compilation and dissemination.

#### **INTRODUCTION**

Regardless of the techniques used, all evacuation models require data on characteristics of occupants, their actions during evacuation, delays that may occur, and travel speeds for different types of occupants. First, for the development of a model, there is the need for data on, for example:

- delay times, since people do not react instantaneously on becoming aware of an emergency;
- walking speeds, under a range of conditions of crowdedness on horizontal surfaces and up and down stairways;
- occupant characteristic, to account for differences in actions and reactions among the different types of people for different types of occupancies;
- actions during evacuation, since they may increase the time people take to leave the building;
- effects of obstructions in travel paths, which can cause delays or block egress; and
- exit choice decisions, which determine travel paths and affect travel times.

Second, careful observations from evacuation exercises, laboratory experiments and actual fires provide the data needed to verify and validate model predictions. Data from actual fires often provides a reality check for model assumptions.

Data on walking speeds have been collected since at least the early 1900s.<sup>1</sup> Several important studies of movement on exit paths, through doorways and on stairs include work by Fruin,

Predtechenskii and Milinskii and the London Transport Board.<sup>2-4</sup> More recently, data have been collected in Northern Ireland on the walking speeds of adults with a range of disabilities.<sup>5-8</sup> The University of Ulster also undertook a research project to study the impact of disabled occupants on the evacuation of a hotel.<sup>9</sup>

In contrast, research on delay time to start an evacuation is quite recent. In the past, it was described for fires such as the Beverly Hills Supper Club or the Coconut Grove fires that occupants delayed their response to the initial cues of the fire, but this behavior was justified, at the time, by the specific conditions of these fires. It is now acknowledged that delay times to start occur in all fires and data on this aspect is slowly building up. Consequently, it is essential that modelers take into account this reality of a delay time to start in their models, and for designers to account for it in their evaluation of engineered designs.

Unfortunately, data on delay to start and speed of movement is not available in a single, concise, accessible document. This paper presents delay times and walking speeds derived from major studies conducted in Australia, Canada, Japan, Northern Ireland, and the United States. This effort is intended simply as a start in attempting to assemble such a database. The authors do not claim that this listing is all-inclusive. The layout used is only meant as a suggestion that we hope will be useful in the development and assessment of evacuation models.

#### **DELAY TIME**

A key component of total evacuation time is the amount of time that occupants delay before they begin to move to exits. In the literature, this delay time is sometimes described as the "pre-movement time," "initial response time," or the "time to start." This time can be defined as the elapsed time from when an occupant perceived that something unusual is happening to the time this person decides to attempt to evacuate the building or to reach an area of refuge. During this delay time, which can last from a few seconds to several minutes, people can be ignoring the situation or seeking information through investigation or discussion with others. These pre-evacuation activities have been documented in a number of papers and reports.<sup>10-12</sup>

Data on delay times for office buildings, mid- and high-rise apartment buildings and retail stores have been published in several papers.<sup>11-18</sup> Studies have shown that the time occupants will delay can vary according to the cue they receive (alarm bells, warnings by staff, voice announcements or smoke, for example). The series of evacuation drills in mid- and high-rise apartment buildings underway at the National Research Council of Canada has provided data on time to start in summer and winter.<sup>11,14</sup> Similar data are also available from studies undertaken in Australia.<sup>19</sup> The retail store studies, as well as others, have demonstrated the effectiveness of staff training in reducing the delay time and speeding up an evacuation.<sup>12,15,20</sup> Other studies have shown that while occupants are evacuating, they may encounter, and be hindered by, the upward travel of emergency personnel in stairways or by objects such as briefcases, suitcases or coats left in stairwells by evacuees.<sup>18,20,21,22</sup>

A great deal of data on pre-movement delays has been collected in Japan. Data from five studies were summarized and reported in a recent paper.<sup>23</sup> The paper includes results of overnight experiments conducted at a training facility. The subjects were at the training facility because they had firesafety responsibilities in their positions at hotel and health-care facilities. An evacuation drill was held during the night and the subjects were videotaped as

they left their rooms. Ninety percent of the subjects left their rooms within 90 seconds, but delays lasted as long as 5 minutes. This research study also looked at the relationship between initial response time and self-reported levels of intoxication, levels of sleep and time asleep. They did not find any marked effect. The researchers point out in the paper that those attending the training would recognize the need for immediate reaction on hearing an alarm and, coupled with the fact that this was a training drill, that the time durations would be considerably longer in an actual fire. The paper also summarizes the findings on mean evacuation delays in four actual fires. Two fires, for which the type of occupancy was not described, had mean delay times of 2.82 and 3.68 minutes. For a hotel fire, they report a mean delay time of 7.0 minutes. And for a fire in a multi-story condominium, they report a mean delay time of 5 to 10 minutes, derived from questionnaires.

As a result of the data collected from the incidents and studies described above, evacuation model developers and users should have a growing database of essential information. Data are available on delay times from offices, retail stores, hotels, apartment buildings and assembly properties. These observed or reported delay times provide a benchmark for estimates used in modeling other structures. Details on the activities that evacuees engaged in before and during their evacuation provide important input into the estimation of appropriate delay times.

Table 1 presents delay times derived from major studies. The common format used in the table was imposed on the reported data, which varied in both what was reported and how it was reported. (Values that were not reported and could not be calculated are noted on the table.) Although significant factors that may have affected the delay times are noted, such as poor alarm performance, time of day, weather, etc., the reader is referred to the referenced reports for complete details on the conditions under which the delay times were measured. The source of the data, i.e. survey questionnaires vs. videotaped drills, is also identified. Questionnaire data may not be as accurate as observations recorded on videotape, but it was obtained for actual fire situations. Videotaped observations may be more accurately reported, but they do not record behaviors under actual fire conditions. The user will have to exercise judgement in the use of delay times reported in the literature.

#### **MOVEMENT SPEED**

Movement speeds have been measured and reported in the literature for a long time. It is not expected that the actual speeds at which people travel on horizontal surfaces or going up and down stairwells have changed much through the years. However, some factors are now judged important to consider, such as the speed of movement of a family group that is likely to be determined by the slowest member, or the speed of movement of a person who walks with a cane.

A number of factors have an impact on the speed of movement, including the characteristics of the occupants, such as age, gender, grouping, clothing and physical ability. The environmental conditions are also important, such as the presence of a crowd, smoke or emergency lighting. The stairwell or corridor design, dimensions, and covering can also play an important role in the speed of movement. All these factors are rarely considered in evacuation models. It is up to the modeler to justify the decision of whether or not to take these factors into consideration. Table 2 presents the travel speeds reported in the studies referenced in this paper. The reader is again referred to the literature for complete details on the conditions under which the travel speeds were observed.

#### SUMMARY

The authors do not intend to imply that the data summarized in this paper represents all available data. However, it is essential that engineers, designers and building officials have available to them accurate information upon which to base any assumptions of occupant time to start and movement speed that will be used in the evaluation of an engineered building design. The engineering community needs a repository for this information, readily accessible by them and building officials. The authors are presenting here one possible format for that data and hope that those holding additional data will contribute that data and the appropriate reference material to the database.

The research community studying human behavior in fire needs to develop a process for collecting and distilling peer-reviewed pre-movement and travel speed data into an accessible database. A format for that database needs to be developed and agreed upon. A repository for the database needs to be found. Access, possibly via the internet, should be open to all users.

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<b>Event Description</b>	Ν	Min	1st Q	Median	3rd Q	Max	Mean	Factors
High-rise hotel <sup>24</sup>	536	0	3.3	60.0	130.9	290	n/a	MGM Grand Hotel fire, no alarm notification, grouped data from questionnaires
High-rise hotel <sup>25</sup>	47	0	2.0	5.0	17.5	120	n/a	Westchase Hilton Hotel fire, no alarm in early stages, grouped data from questionnaires
High-rise office building <sup>21</sup>	85	0	2.0	5.0	10.0	245	11.3	World Trade Center explosion and fire, no alarm notification (building closer to explosion)
High-rise office building <sup>21</sup>	46	0	4.5	10.0	31.5	185	28.4	World Trade Center explosion and fire, no alarm notification (building further from blast)
High-rise office building <sup>19</sup>	107	1.0	1.0	1.0	1.0	6.0	n/a	Fire incident, no alarms, data from interviews with occupants of four floors of building (11 interviewees were trapped)
High-rise office building <sup>18</sup>	12	0.5	n/a	1.0	n/a	2.3	1.2	Unannounced drill on 3 floors; data for first person to reach each of four stairwell doors to wait for voice instruction; trained staff; data from video recordings
Mid-rise office building <sup>12</sup>	92	0	0.4	0.6	0.8	< 4	0.6	Unannounced drill, good alarm performance; fire wardens; warm day
Mid-rise office building <sup>12</sup>	161	0	0.5	0.9	1.4	< 5	1.1	Unannounced drill, good alarm performance; fire wardens; cool day
One-story department store <sup>15,17</sup>	95	1	0.2	0.3	0.5	0.9	0.4	Unannounced drill; trained staff; data here derived from grouped data for 95 participants

# Table 1. Delay Times Derived from Actual Fires and Evacuation ExercisesReported in the Referenced Literature (in Minutes)

n/a -- not reported

## Table 1 (continued)

<b>Event Description</b>	Ν	Min	1st Q	Median	3rd Q	Max	Mean	Factors
Three-story department store <sup>17</sup>	122	0.05	n/a	n/a	n/a	1.6	0.6	Unannounced drill; trained staff; times distilled from analysis of videotapes
One-story department store <sup>17</sup>	122	0.07	n/a	n/a	n/a	1.7	0.5	Unannounced drill; trained staff; times distilled from analysis of videotapes
One-story department store <sup>17</sup>	71	0.03	n/a	n/a	n/a	1.0	0.4	Unannounced drill; trained staff; times distilled from analysis of videotapes
High-rise apartment bldg <sup>13</sup>	n/a	0	n/a	n/a	n/a	n/a	10.5	Forest Laneway fire; for occupants who attempted to evacuate in the first hour, based on questionnaire responses
	219	0	n/a	187.8	n/a	720	190.8	Forest Laneway fire, for all occupants
High-rise apartment bldg <sup>11</sup>	33	0.3	0.8	1.3	4.4	10.2	2.8	Unannounced drill; good alarm performance
High-rise apartment bldg <sup>11</sup>	93	0.4	1.5	3.6	6.9	18.6	5.3	Unannounced drill; good alarm performance; heavy snow during drill
High-rise apartment bldg <sup>19</sup>	27	1.0	2.0	8.0	14.0	> 20	n/a	Fire incident in early morning, alarm functioned, fewer than half the occupants evacuated
Mid-rise apartment bldg <sup>16</sup>	42	0.6	1.0	1.4	3.0	> 14	2.5	Unannounced drill; good alarm performance
Mid-rise apartment bldg <sup>16</sup>	55	> 0.5	1.6	4.4	13.5	> 21	8.4	Unannounced drill; poor alarm performance
Mid-rise apartment bldg <sup>16</sup>	77	> 0.3	1.9	7.7	19.1	> 24	9.7	Unannounced drill; poor alarm performance
Mid-rise apartment bldg <sup>16</sup>	80	> 0.3	1.2	2.5	3.7	> 12	3.1	Unannounced drill; good alarm performance
Training facility <sup>23</sup>	566	< 0.2	0.7	1.1	1.5	> 5	n/a	Testing sleeping subjects at a training facility
n/a not reported								

#### Table 2. Travel Speeds Reported in the Referenced Literature

Type of Situation	Measured Travel Speeds									
Transport terminals <sup>2</sup>	265 ft/min on walkways (1.35 m/s)									
Average under "normal conditions" <sup>3</sup>	60 m/min (1.0 m/s)									
Experiment with Disabled Subjects <sup>6</sup>										
On horizontal (m/s)	Min	lst Q	3rd Q	Max	Mean					
All disabled subjects	0.10	0.71	1.28	1.77	1.00					
With locomotion disability	0.10	0.57	1.02	1.68	0.80					
No aid	0.24	0.70	1.02	1.68	0.95					
Crutches	0.63	0.67	1.24	1.35	0.94					
Cane	0.26	0.49	1.08	1.60	0.81					
Walker/Rollator	0.10	0.34	0.83	1.02	0.57					
Without locomotion disability	0.82	1.05	1.34	1.77	1.25					
Unassisted wheelchair	0.85			0.93	0.89					
Assisted ambulant	0.21	0.58	0.92	1.40	0.78					
Assisted wheelchair	0.84	1.02	1.59	1.98	1.30					
On upward incline										
All disabled	0.21	0.42	0.74	1.32	0.62					
With locomotion disability	0.21	0.42	0.72	1.08	0.59					
No aid	0.30	0.48		1.08	0.68					
Crutches	0.35			0.53	0.46					
Cane	0.21	0.38	0.70	1.05	0.52					
Walker/Rollator	0.30			0.42	0.35					
Without locomotion disability	0.70			1.32	1.01					
Unassisted wheelchair	0.70									
Assisted ambulant	0.23	0.42	0.70	0.72	0.53					
Assisted wheelchair	0.53	0.70	1.05	1.05	0.89					
On downward incline										
All disabled	0.10	0.42	0.70	1.83	0.60					
With locomotion disability	0.10	0.42	0.70	1.22	0.58					
No aid	0.28	0.45	0.94	1.22	0.68					
Crutches	0.42			0.53	0.00					
Cane	0.12	0.35	0.70	1.04	0.51					
Walker/Rollator	0.10	0.55		0.52	0.36					
Without locomotion disability	0.70			1.83	1.26					
Unassisted wheelchair	1.05			1.05						
Assisted ambulant	0.42	0.52	0.86	1.05	0.69					
Assisted wheelchair	0.42	0.92	1.05	1.05	0.96					
Mid-rise apartment drill <sup>16</sup>	0.47 m	/s on sta	irs (rang	ed from	0.34 to 1					

#### A. Where Density Was Reportedly Not a Factor

Mid-rise apartment drill<sup>1</sup>

0.47 m/s on stairs (ranged from 0.34 to 1.08 m/s among various adult age groups; one visually impaired person traveled 0.31 m/s)

Mid-rise apartment drill<sup>16</sup>

0.44 m/s on stairs (ranged from 0.32 to 0.56 m/s among various adult age groups)

Mid-rise apartment drill<sup>16</sup>

0.41 m/s on stairs (ranged from 0.30 to 0.47 among various adult age groups)

# Table 2 (continued)

# A. Where Density Was Reportedly Not a Factor (continued)

<u>Type of Situation</u> High-rise apartment drill <sup>11</sup>	Measured Travel Speeds 1.05 m/s (ranged from 0.57 to 1.20 m/s among various adult age groups)									
High-rise apartment drill <sup>11</sup>	0.95 m/s (ranged from 0.56 to 1.12 m/s among various adult age groups)									
<b>B.</b> Where Density Was a Factor										
Location	Measured Travel Speeds									
Public places <sup>2</sup>	100-250 ft/min on walkways (0.51-1.27 m/s) 70-150 ft/min on stairs (0.36-0.76 m/s)									
Public places <sup>3</sup>	17 m/min minimum on horizontal (0.28 m/s) 11-16 m/min downstairs (0.18-0.27 m/s)									
Theaters and educational <sup>3</sup>	15-20	m/min (	0.25-0.3	33 m/s) r	nax 2.33	m/s				
Industrial buildings <sup>3</sup>	25-30 m/min (0.42-0.56 m/s) max 2.33 m/s									
Transport terminals <sup>3</sup>		20-25 m/min (0.33-0.83 m/s) max 2.10 m/s								
Descending stairs <sup>3</sup>	20-25 m/min (0.33-0.42 m/s) max 1.28 m/s					m/s				
High-rise office building drill <sup>18</sup>	m	iean spee	ed		density					
stair with full lighting		0.61 m/s			$1.30 \text{ p/m}^2$					
stair with reduced lighting		0.70 m/s 1.25 p/m <sup>2</sup>								
stair with photoluminescent material (PLM		a <b>aa</b> (			oo / 2					
installation and reduced lighting		0.72 m/s			$00 \text{ p/m}^2$					
stair with PLM only		0.57 m/s		2.	$05 \text{ p/m}^2$					
Mid-rise office building drill <sup>12</sup>	0.78 m/s down stairs									
Mid-rise office buildng drill <sup>12</sup>	0.93 m/s down stairs									
Hotel exercise - along corridor (m/s) <sup>9</sup>										
Daytime Scenario 1	Min	lst Q	Med	3rd Q	Max	Mean				
able-bodied participants	0.6	1.1	1.3	1.8	4.0	1.5				
wheelchair users	0.2				1.2	0.8				
walking disabled	0.1									
Daytime Scenario 2										
able-bodied participants	0.3	0.9	1.1	1.3	1.6	1.1				
wheelchair users	0.4				0.7	0.6				
walking disabled	0.7									
Nighttime Scenario										
able-bodied participants	0.5	1.1	1.3	1.7	3.8	1.5				
wheelchair users	0.5				0.9	0.7				
walking disabled	2.4*									

\* This person traveled at this speed for a distance of 4.9 meters