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# Unraveling of free-carrier absorption for terahertz radiation in heterostructures

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The relation between free-carrier absorption and intersubband transitions in semiconductor heterostructures is resolved by comparing a sequence of structures. Our numerical and analytical results show how free-carrier absorption evolves from the intersubband transitions in the limit of infinite number of wells with vanishing barrier width. It is explicitly shown that the integral of the absorption over frequency matches the value obtained by the  $f$ -sum rule. This shows that a proper treatment of intersubband transitions is fully sufficient to simulate the entire electronic absorption in heterostructure THz devices.

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## I. INTRODUCTION

The absorption of electromagnetic radiation due to the interaction with electrons in bulk crystals is essentially determined by two distinct effects: (i) the free-carrier absorption (FCA), which is directly related to the electrical conductivity and drops with frequency on the scale of the inverse scattering time; (ii) interband transitions, which are typically described via the dipole moments induced by the coupling between states in different bands. For most crystals these transition energies are of the order of eV and thus this dominates the response around the optical spectrum. In addition to these electronic features, optical phonons provide absorption in the far-infrared region, which is not addressed here.

Semiconductor heterostructures provide an additional effective potential for the electron in the conduction band causing a further quantization of the electronic states in the growth direction (denoted by  $z$ ). Taking into account the degrees of freedom for motion in the  $x, y$  plane, this establishes subbands within the conduction band. Commonly, the absorption between these subbands is treated analogously to the interband transitions in bulk crystals. The standard treatment relies on the envelope functions  $\varphi_\nu(z)$  for the subbands  $\nu$  with energies  $E_\nu$  and areal electron densities  $n_\nu$  using expressions for the absorption coefficient  $\alpha_{\mu \rightarrow \nu}(\omega)$  as<sup>1,2</sup>

$$\alpha_{\mu \rightarrow \nu}(\omega) = \frac{e^2 |z_{\mu\nu}|^2 (E_\nu - E_\mu) (n_\mu - n_\nu)}{2\hbar L_z c \sqrt{\epsilon} \epsilon_0} \times \frac{\Gamma}{(E_\nu - E_\mu - \hbar\omega)^2 + \Gamma^2/4}, \quad (1)$$

where  $E_\mu < E_\nu$  and the counterrotating terms are neglected. Here  $e$  is the elementary charge,  $\sqrt{\epsilon}$  is the refractive index, and  $\epsilon_0$  is the vacuum permeability (SI units are used). The matrix element

$$z_{\mu\nu} = \int dz \varphi_\mu(z) z \varphi_\nu(z) \quad (2)$$

describes the coupling strength. Throughout this work we assume the polarization of the electric field to point in the  $z$  direction and that the wave propagates in a waveguide of effective thickness  $L_z$  which is filled by the (layered) semiconductor material. This scheme is also routinely applied for the calculation of the gain spectrum of quantum cascade lasers (QCLs).<sup>3</sup> In this context the broadening  $\Gamma$  can be either added in a phenomenological way<sup>4</sup> or by detailed calculations; see, e.g., Ref. 5. It can also be seen as a limiting case of a full quantum kinetic calculation.<sup>6</sup>

While the conventional treatment of intersubband transitions is well accepted for transitions in the infrared, this approach is less obvious for THz systems, which have become of high interest.<sup>7,8</sup> Here, FCA-related features might turn up as a strong competing mechanism to the intersubband gain transition in analogy to the bulk case where both FCA and interband transitions occur as separate processes. In order to demonstrate the potential relevance, we consider the standard expression for FCA in bulk systems<sup>9</sup>

$$\alpha_{\text{FCA}}(\omega) = \frac{n_c e^2 \tau}{m_c c \sqrt{\epsilon} \epsilon_0} \frac{1}{\omega^2 \tau^2 + 1}, \quad (3)$$

where  $m_c$  is the effective mass,  $n_c$  the volume density of electrons in the conduction band, and  $\tau$  is the scattering time. As an example for GaAs with a doping of  $1 \times 10^{16} \text{ cm}^{-3}$  and  $\tau = 0.2 \text{ ps}$  (corresponding to a mobility of  $6000 \text{ cm}^2/\text{Vs}$  at  $300 \text{ K}$ <sup>10</sup>) one obtains  $\alpha = 120 \text{ cm}^{-1}$  for a frequency  $\omega/2\pi = 2 \text{ THz}$ . This is larger than typical gain coefficients in THz quantum cascade lasers.<sup>11-13</sup> Thus, bulk FCA would provide a strong obstacle in achieving lasing in such structures and its proper treatment in heterostructures is of crucial importance for the description of QCLs or other THz heterostructure devices. (For a typical infrared laser, in contrast, it was shown that FCA in the cascade structure does not play a role.<sup>14</sup>) In Ref. 4 FCA was only considered in the waveguide layers but not the QCL structure itself, where the absorption was determined by intersubband transitions. Furthermore, in

Ref. 15 it was shown that processes as described by Eq. (1) dominate the absorption of light (with  $z$ -polarized electric field) for quantum wells.

In this context the question arises as to how such a treatment based on intersubband transitions is related to the FCA in the bulk. Is FCA related to the seemingly dominating intersubband processes or does it stem from further processes not identified yet? In the latter case, such processes could strongly alter the THz performance of heterostructure devices. In order to shed light on this important issue we present a detailed study on the unfolding of FCA starting from different types of heterostructure. Our main conclusion is that the absorption due to intersubband transitions evolves into the bulk FCA for vanishing barrier widths. This shows that a proper treatment of intersubband transitions provides a complete description of gain and absorption processes in heterostructure devices.

## II. FROM SUPERLATTICE TO BULK

We consider four GaAs-Al<sub>0.3</sub>Ga<sub>0.7</sub>As superlattices<sup>16</sup> (SLs) with constant period  $d = 10$  nm. The barrier width is set equal to 0.5 nm, 1.5 nm, 2.5 nm, and 3.5 nm, respectively, and a homogeneous doping with  $n_c = 6 \times 10^{16}/\text{cm}^3$  is used. The sample with the 2.5 nm barrier has been investigated in Ref. 17, which motivates our choice. Figure 1(a) shows the calculated minibands assuming effective masses of  $0.067m_e$  and  $0.0919m_e$  for GaAs and Al<sub>0.3</sub>Ga<sub>0.7</sub>As, respectively, where  $m_e$  is the free electron mass, as well as a conduction band offset of 276 meV.<sup>18</sup> Further information on the structures is given in Table I.

Here the zero-field conductivity  $\sigma_0$  is evaluated from the nonequilibrium Green's function (NEGF) model following Ref. 19, which includes scattering processes from phonons, impurities, interface roughness (with an average height of one monolayer and a length correlation of 10 nm), and alloy disorder in an approximate way. This program also calculates the absorption in linear response to the optical field<sup>6</sup> as given in Fig. 1(b). Using  $\sigma_0 \approx n_c e^2 \tau / m_{\text{SL}}$  the conductivity for the 0.5 nm barrier structure provides a scattering time of  $\tau = 46$  fs.

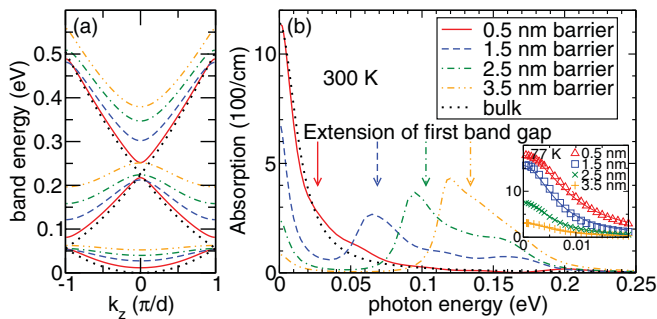


FIG. 1. (Color online) (a) Lowest three minibands for the SLs together with the dispersion of bulk GaAs (dotted line) neglecting nonparabolicity. (b) Absorption at 300 K for the SLs, calculated by the NEGF model together with the Drude expression (3) for bulk absorption (dotted line) using  $m_c = m_{\text{SL}} = 0.071m_e$  and  $\tau = 46$  fs. The inset shows the NEGF calculations (symbols) at 77 K together with the corresponding result of Eq. (5) using  $\sigma_0$  from Table I and  $\tau_m = 70, 100, 110, 100$  fs for the sample with the barrier width of 0.5, 1.5, 2.5, 3.5 nm, respectively (lines).

TABLE I. Key parameters obtained for the different SLs. The effective mass  $m_{\text{SL}}$  is taken for the lowest miniband at  $k = 0$  in the SL direction.

| Parameter                          | SL 1  | SL 2  | SL 3  | SL 4  |
|------------------------------------|-------|-------|-------|-------|
| Barrier width (nm)                 | 0.5   | 1.5   | 2.5   | 3.5   |
| Miniband width (meV)               | 42.7  | 25.4  | 15.6  | 10.1  |
| Effective mass $m_{\text{SL}}/m_e$ | 0.071 | 0.090 | 0.125 | 0.178 |
| $\sigma_0$ at 300 K (A/V cm)       | 11.2  | 6.4   | 2.4   | 0.8   |
| $\sigma_0$ at 77 K (A/V cm)        | 17    | 14.9  | 7.3   | 2.9   |

This value agrees roughly with the momentum scattering rate  $1/\tau_m = 29/\text{ps}$  (which is the sum of the elastic and inelastic scattering rate<sup>20</sup>) extracted from several highly doped GaAs/AlAs SLs with narrow barriers at room temperature.<sup>21</sup> This value is much smaller than the bulk scattering time of 0.2 ps, as scattering is enhanced due to the presence of rough interfaces in all SLs (which are particular strong scatterers for small barrier widths, when the wave functions highly penetrate through the barriers). In addition, the assumption of a constant scattering time is only expected to be of semi-quantitative nature; the same holds for the approximations in matrix elements used. (For a more detailed treatment of roughness scattering in thin barriers, see Ref. 22.) Using  $\tau = 46$  fs, the Drude expression (3) fits the absorption quite well, demonstrating that these small barriers actually provide almost the bulk free-carrier absorption behavior.

With increasing barrier thickness the conductivity becomes smaller due to the reduced coupling between the quantum wells. Accordingly, there is a decrease in the low-frequency absorption

$$\alpha(\omega = 0) = \frac{\sigma_0}{c\sqrt{\epsilon}\epsilon_0}, \quad (4)$$

as follows from electrodynamics.<sup>23</sup> Here our numerical calculations are in full agreement, as we do not employ the rotating wave approximation and include broadening in a fully consistent way. Furthermore, for thicker barriers, the absorption between the minibands becomes more prominent and thus the absorption increases close to the photon energy required to overcome the gap between the first and the second miniband, as indicated by the arrows in Fig. 1(b). The shift of the peak positions with respect to the minigaps can be related to scattering-induced level shifts. For the 2.5 nm barrier the results are in good agreement with the measurements reported in Ref. 17. The onset of absorption around 100 meV is slightly sharper in the experiment, which may be attributed to less rough interfaces or to the limited accuracy of the various approximations used for the scattering potentials.

For SLs the absorption can be understood within the common miniband picture. For low frequencies intra-miniband processes dominate, which are easily treated in semiclassical transport models providing for zero electric field.<sup>24,25</sup>

$$\alpha(\omega) = \frac{\text{Re}\{\sigma(\omega)\}}{c\sqrt{\epsilon}\epsilon_0} = \frac{\sigma_0}{c\sqrt{\epsilon}\epsilon_0} \frac{1}{(\tau_m\omega)^2 + 1}. \quad (5)$$

This behavior was experimentally observed in Refs. 26 and 27. Here,  $\sigma_0 \approx n_c e^2 \tau_m / m_{\text{SL}}$  for large miniband widths. With

decreasing miniband width, the increase of  $m_{\text{SL}}$  reduces  $\sigma_0$ . An even stronger reduction arises if the miniband width drops below either  $k_B T$  or the Fermi energy; see Ref. 20 for details.<sup>28</sup> For all superlattice structures studied by our NEGF model, we found good agreement with (5) for low frequencies. Some examples are shown in the inset of Fig. 1(b). As a further example, the calculated absorption spectrum at 65 K for the structure of Ref. 27 can be fitted by  $\tau_m = 0.16$  ps (not shown here). This is in good agreement with the experimental value of 0.18 ps, which demonstrates the quality of the NEGF approach.

For higher frequencies, transitions between the minibands can describe the absorption between 60 and 200 meV very well. See, e.g., the results of the calculations in Ref. 17, which fully agree with our more sophisticated NEGF approach.

We conclude that the absorption of SLs at zero bias can be well described by the Drude-like miniband conduction result (5) for low frequencies and by common inter-miniband transitions for higher frequencies. As shown in Fig. 1(b), the combination of both features evolves into the bulk FCA (3) if the barrier width becomes small.

### III. FROM MULTIPLE WELL TO SUPERLATTICE

Now we want to study how the SL absorption arises from the behavior of systems containing few wells, which show distinct absorption peaks between discrete levels. Figure 2 shows the absorption for multi-quantum-well structures, as presented in Fig. 2(a) for the case of two wells. Here, all parameters correspond to the SL with a 1.5 nm barrier discussed above. For the double-well structure, essentially the two lowest subbands are occupied in thermal equilibrium, and one observes clear absorption peaks corresponding to the separations between the subbands; see Fig. 2(b). As the dipole matrix element (2) vanishes for equal parity of the states, not all possible transitions are visible. The observed peak structure can be directly described by the standard intersubband expressions (1). Furthermore, there is zero absorption in the limit of zero frequency as no dc current along the structure is possible; compare Eq. (4).

With increasing well numbers, the peaks III and IV of the double well split up and form the continuous absorption between 60 and 200 meV due to the transitions between the first and the second SL miniband; see Fig. 2(c). While this is quite expected, peak I does not show any clear splitting, but shifts to lower frequencies, approaching the intra-miniband absorption. This behavior can be understood by a detailed study of the multi-quantum-well eigenstates. Here, a tight-binding model for  $N$  wells with next-neighbor coupling  $T_1$  shows the following (see Appendix A for details): (i) There are  $N$  eigenstates, labeled by an index  $\nu$  according to their energy  $E_\nu$ . Here  $E_{\nu+1} - E_\nu$  is of the order of  $4|T_1|/N$ . (ii) The matrix element  $z_{\mu\nu}$  from Eq. (2) is small unless for neighboring states; i.e.,  $\mu = \nu \pm 1$ . Thus, the transitions between neighboring states dominate, explaining the strong absorption around  $\hbar\omega \approx 4|T_1|/N$  visible in Fig. 2(c), where  $4|T_1|$  essentially corresponds to the miniband width of the infinite structure. Together with a tail at higher frequencies due to broadening of these transitions this explains the appearance of the Drude-like miniband absorption for the SL in the limit of large  $N$ . For  $\omega = 0$  the evolution is not smooth as any

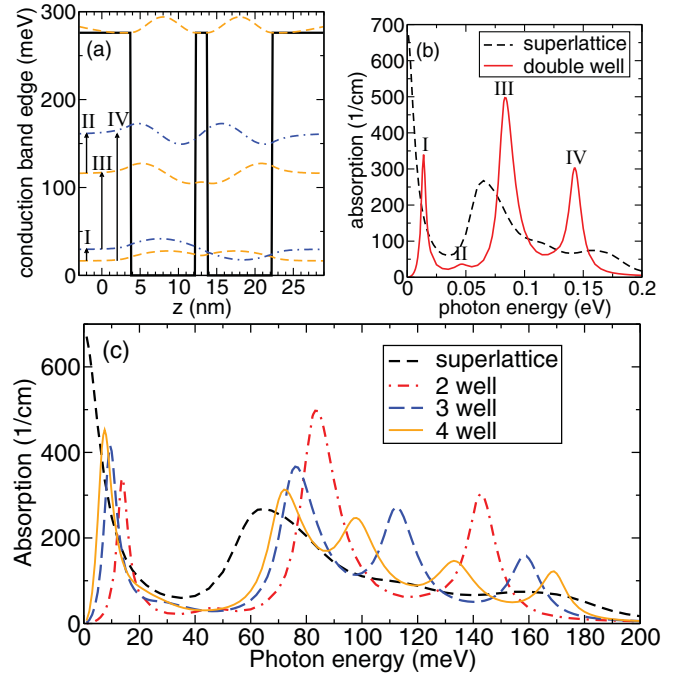


FIG. 2. (Color online) (a) A double quantum well (well widths 8.5 nm, barrier width 1.5 nm) with its lowest eigenstates. Dashed and dot-dashed lines refer to symmetric and antisymmetric states, respectively. The arrows depict the transitions associated with the peaks in the absorption spectrum. (b) Absorption spectrum calculated by the NEGF model for the double quantum well and the corresponding SL. (c) Evolution of the absorption for 2, 3, and 4 wells with the same parameters as the double well from (a). In order to obtain absorption in the entire waveguide, it is assumed that the multi-quantum-well structure is periodically repeated with a separation by a 7.5 nm barrier. All calculations are done at  $T = 300$  K.

finite sequence of quantum wells has a zero dc conductivity in contrast to an infinite SL and thus the absorption must vanish according to Eq. (4).

### IV. THE INTEGRATED ABSORPTION

Summing over all possible intersubband transitions (1), we obtain the total absorption  $\alpha_{\text{IS}}(\omega) = \sum_{\mu\nu} \alpha_{\mu \rightarrow \nu}(\omega) \Theta(E_\nu - E_\mu)$ . Here the discrete index  $\nu$  runs over all (infinitely many) eigenstates of the heterostructure of finite length, including states which correspond to unbounded states with energies far above the barrier potential. Integrating over all frequencies provides

$$\begin{aligned} \int_0^\infty d\omega \alpha_{\text{IS}}(\omega) &= \sum_{\nu, \mu} \frac{\pi e^2 |z_{\mu, \nu}|^2 (E_\nu - E_\mu) (n_\mu - n_\nu)}{L_z c \epsilon_0 \sqrt{\epsilon} \hbar^2} \Theta(E_\nu - E_\mu) \\ &= \sum_{\mu, \nu} \frac{\pi e^2 |z_{\mu, \nu}|^2 (E_\nu - E_\mu) n_\mu}{L_z c \epsilon_0 \sqrt{\epsilon} \hbar^2} \end{aligned} \quad (6)$$

under the assumption  $E_\nu - E_\mu \gg \Gamma$ ; otherwise the counterrotating terms become of relevance, which had been neglected here. In Appendix B we show that the same



integral relation is more generally obtained for arbitrary level spacings  $E_v - E_\mu$  within our NEGF model, which also covers dispersive gain.<sup>29,30</sup>

Following Ref. 31, Eq. (6) can be simplified by the Thomas-Reiche-Kuhn sum rule<sup>32</sup> (also called the  $f$ -sum rule<sup>33</sup>) which reads for a parabolic band with effective mass  $m_c$

$$\sum_v \frac{2m_c(E_v - E_\mu)}{\hbar^2} |z_{\mu v}|^2 = 1$$

and provides the integrated absorption

$$\int_0^\infty d\omega \alpha_{\text{IS}}(\omega) = n_{\text{av}} \frac{\pi e^2}{2m_c c \sqrt{\epsilon} \epsilon_0}, \quad (7)$$

where  $n_{\text{av}} = \sum_\mu n_\mu / L_z$  is the average three-dimensional carrier density in the waveguide.

For a bulk semiconductor, the free-carrier absorption (3) provides after integration over energy

$$\int_0^\infty d\omega \alpha_{\text{FCA}}(\omega) = n_c \frac{\pi e^2}{2m_c c \sqrt{\epsilon} \epsilon_0}, \quad (8)$$

which fully agrees with the intersubband result (7) for equal total densities  $n_c = n_{\text{av}}$ . Thus the total FCA in a bulk semiconductor equals the total intersubband absorption within the conduction band for a finite heterostructure of finite length, which shows the direct relation between these. More generally, Eqs. (7) and (8) establish a general rule for the integrated absorption within the conduction band of a semiconductor under conditions, where the approximation of a constant effective mass is justified. In this context superlattices appear as an intermediate case, where the inter-miniband absorption and the Drude-like intra-miniband absorption add up to the full result.<sup>31</sup>

Our numerical data in Fig. 1(b) exhibit the integrated absorption  $\hbar \int d\omega \alpha(\omega) = 25.7(\pm 0.3) \text{ eV/cm}$  for all curves. The data from Fig. 2 provide  $\hbar \int d\omega \alpha(\omega) = \frac{N}{N+0.6} 25.6(\pm 0.2) \text{ eV/cm}$ , where the additional factor takes into account the undoped region of 6 nm between adjacent multiple quantum wells ( $N$  is the number of well/barrier combinations with a length of 10 nm each). These values are slightly below the value of  $27.3 \text{ eV/cm}$  given by Eq. (8) using the GaAs effective mass. This minor discrepancy of less than 7% can be easily attributed to some absorption at higher frequencies and the impact of the barrier material with a larger mass.<sup>34</sup> We conclude that the absorption obtained by our NEGF code is in excellent agreement with the rule (7).

More generally the effect of the semiconductor heterostructure can be understood as shifting the absorption strength within the frequency space, as explicitly demonstrated by our calculations. This perception has actually been used in the design of QCL structures, where the unavoidable free-carrier absorption is deflected from the frequency region of operation by a proper choice of heterostructures;<sup>35</sup> see, e.g., Ref. 36.

## V. CONCLUSION

We demonstrated how the common bulk free-carrier absorption evolves from standard intersubband absorption in heterostructures for electromagnetic waves with an electric field pointing in growth direction. Here the well-studied SL

absorption constitutes an intermediate case, which can be entirely understood on the basis of common intersubband absorption processes in the limit of a growing number of quantum wells. For decreasing SL barrier width the combination of inter- and intra-miniband absorption evolves into the standard FCA of the bulk crystal. This behavior reflects a redistribution of absorption strength, while the integrated absorption is constant. The most relevant consequence is that there is no need to bother about any additional FCA-related absorption processes, provided all intersubband transitions are properly taken into account. A consistency check for the calculated gain/absorption spectrum is whether Eq. (4) is satisfied in the low-frequency limit and the integrated absorption matches Eqs. (7) and (8).

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## APPENDIX A: ANALYTICAL CALCULATION FOR COUPLED WELLS

We consider a multi-quantum-well structure with  $N$  wells centered at  $z = nd$ , where  $n = 1, 2, \dots, N$ . The ground state of the isolated well  $n$  has the wave function  $\Psi_g(z - nd)$  and the energy  $E_g$ . Restricting to a nearest-neighbor coupling  $T_1$  (which is negative for the lowest subband), the eigenenergies are

$$E_v = E_g + 2T_1 \cos\left(\frac{v\pi}{N+1}\right) \quad \text{for } v = 1, 2, \dots, N, \quad (\text{A1})$$

and the eigenstates read  $\varphi_v(z) = \sum_n a_n^{(v)} \Psi_g(z - nd)$  with

$$a_n^{(v)} = \sqrt{\frac{2}{N+1}} \sin\left(\frac{v\pi n}{N+1}\right).$$

If the overlap between the states in different wells is negligible, i.e.,  $\int dz \Psi_g(z - n'd) z \Psi_g(z - nd) \approx nd \delta_{nn'}$ , we find  $z_{\mu v} = \sum_n n d a_n^{(\mu)} a_n^{(v)}$ , which can be directly evaluated. If  $v - \mu$  is even we find  $z_{\mu v} = \delta_{\mu, v}(N+1)d/2$  as both states have the same parity with respect to  $z = (N+1)d/2$ . For odd  $v - \mu$ , some algebra yields

$$z_{\mu v} = \frac{d}{2(N+1)} \left[ \frac{1}{\sin^2\left(\frac{(\mu+v)\pi}{2(N+1)}\right)} - \frac{1}{\sin^2\left(\frac{(\mu-v)\pi}{2(N+1)}\right)} \right].$$

For  $\mu \neq v$  we thus have

$$\begin{aligned} z_{\mu v} &= 0 \quad \text{for even } (v - \mu), \\ z_{\mu v} &\sim -\frac{2(N+1)d}{\pi^2(\mu - v)^2} \quad \text{for odd and small } (v - \mu), \\ z_{\mu v} &= O\left\{\frac{d}{N+1}\right\} \quad \text{for odd and large } (v - \mu). \end{aligned}$$

As the square of  $z_{\mu v}$  enters the absorption (1), it becomes clear that the transitions with  $v = \mu \pm 1$  highly dominate the absorption spectrum. The energy difference of the corresponding states (A1) for these transitions is less than  $2|T_1|\pi/(N+1)$  with an average of approximately  $4|T_1|/N$ .

## APPENDIX B: TOTAL ABSORPTION WITH THE GREEN'S FUNCTION MODEL

Here we refer to the formulation of our NEGF model as outlined in Ref. 6. Here gain is evaluated within linear response around the stationary state characterized by the Green's functions  $\tilde{G}_{\mu\nu}(\mathbf{k}, E)$ . In order to simplify the analysis, nondiagonal  $\tilde{G}_{\mu\nu}(\mathbf{k}, E)$  are neglected here; they are, however, fully included in our numerical implementation. Then the absorption resulting from the pair of states  $\mu, \nu$  can be written as

$$\alpha_{\mu\nu}(\omega) = \frac{e^2(E_\nu - E_\mu)|z_{\mu\nu}|^2}{cL_z\hbar\epsilon_0\sqrt{\epsilon}} \frac{2}{A} \sum_{\mathbf{k}} \int \frac{dE}{2\pi} \text{Re}\{ \tilde{G}_{\nu\nu}^{\text{ret}}(\mathbf{k}, E + \hbar\omega) \tilde{G}_{\mu\mu}^<(\mathbf{k}, E) + \tilde{G}_{\nu\nu}^<(\mathbf{k}, E + \hbar\omega) \tilde{G}_{\mu\mu}^{\text{adv}}(\mathbf{k}, E) - \tilde{G}_{\mu\mu}^{\text{ret}}(\mathbf{k}, E + \hbar\omega) \tilde{G}_{\nu\nu}^<(\mathbf{k}, E) - \tilde{G}_{\mu\mu}^<(\mathbf{k}, E + \hbar\omega) \tilde{G}_{\nu\nu}^{\text{adv}}(\mathbf{k}, E) \}, \quad (\text{B1})$$

which is essentially the last equation of the appendix in Ref. 6 with the counterrotating term added. Inserting the spectral function<sup>37</sup>  $A_\nu(\mathbf{k}, E) = \mp 2\text{Im}\{\tilde{G}_{\nu\nu}^{\text{ret/adv}}(\mathbf{k}, E)\}$  and its occupied part<sup>38</sup>  $A_\nu^{\text{occ}}(\mathbf{k}, E) = -i\tilde{G}_{\nu\nu}^<(\mathbf{k}, E)$ , which is assumed to be real, we find

$$\alpha_{\mu\nu}(\omega) = \frac{e^2(E_\nu - E_\mu)|z_{\mu\nu}|^2}{2cL_z\hbar\epsilon_0\sqrt{\epsilon}} \frac{2}{A} \sum_{\mathbf{k}} \int \frac{dE}{2\pi} [A_\mu^{\text{occ}}(\mathbf{k}, E) A_\nu(\mathbf{k}, E + \hbar\omega) - A_\nu^{\text{occ}}(\mathbf{k}, E) A_\mu(\mathbf{k}, E - \hbar\omega) + A_\mu^{\text{occ}}(\mathbf{k}, E) A_\nu(\mathbf{k}, E - \hbar\omega) - A_\nu^{\text{occ}}(\mathbf{k}, E) A_\mu(\mathbf{k}, E + \hbar\omega)]. \quad (\text{B2})$$

The terms  $A_\mu^{\text{occ}}(\mathbf{k}, E) A_\nu(\mathbf{k}, E + \hbar\omega) - A_\nu^{\text{occ}}(\mathbf{k}, E) A_\mu(\mathbf{k}, E - \hbar\omega)$  provide the physical origin of dispersive gain as sketched in Refs. 6 and 30. The signs of the counterrotating terms  $A_\mu^{\text{occ}}(\mathbf{k}, E) A_\nu(\mathbf{k}, E - \hbar\omega) - A_\nu^{\text{occ}}(\mathbf{k}, E) A_\mu(\mathbf{k}, E + \hbar\omega)$  seem to contradict our intuition, as the first one appears to relate to emission and the second to absorption. However, in this formulation the sign is defined via the difference in energy between the initial and the final state, where only one specific combination is used in the prefactor  $(E_\nu - E_\mu)$ .

Using the general relations

$$\int_0^\infty d\omega [A_\mu(\mathbf{k}, E + \hbar\omega) + A_\mu(\mathbf{k}, E - \hbar\omega)] = \frac{1}{\hbar} \int_{-\infty}^\infty dE' A_\mu(\mathbf{k}, E') = 2\pi/\hbar$$

and  $\frac{2}{A} \sum_{\mathbf{k}} \int \frac{dE}{2\pi} A_\mu^{\text{occ}}(\mathbf{k}, E) = n_\mu,$

integration of the terms from Eq. (B2) over frequency provides

$$\int_0^\infty d\omega \alpha_{\mu\nu}(\omega) = \frac{\pi e^2 |z_{\mu\nu}|^2 (E_\nu - E_\mu) (n_\mu - n_\nu)}{L_z c \epsilon_0 \sqrt{\epsilon} \hbar^2}, \quad (\text{B3})$$

so that the sum over all different pairs  $(\mu, \nu)$  equals the second line of Eq. (6). Thus the integrated absorption (7) also holds for the more involved absorption terms (B2) of the NEGF model which include the dispersive gain.

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